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Your essential daily news | monday, June 8, 2015

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Putting our best foot forward

Fans cheer for the Canadian team during the opening game of the FIFA Women's World Cup at Commonwealth Stadium on Saturday. Canada beat China 1-0 to kick off the event. See metroNEWS. JASON FRANSON/THE CANADIAN PRESS

Methadone costs rise

The number of people in

Alberta who were treated with methadone last year, compared to 2,128 in the 2012-13 fiscal year.

HEALTH

Increased use a sign people seeking help, doctor says



Tumilty Metro | Edmonton

Methadone use in the province has more than doubled over the last two years, which health officials say is an encouraging sign for people hoping to deal with addictions.

Dr. Michael Trew, the province's chief medical officer of health for addictions and mental health, said while it might seem startling at first, it's a clear sign people are working to deal with substance

"To me it's reassuring that we have increased the availability of that treatment," he said. "People are trying to do what they can to

abuse.

make this practical for people who live with this."

According to figures from Alberta Health, in the 2012-13 fiscal year, the province spent just over \$3.2 million on methadone, including pharmacy costs and the drug itself. That number rose to \$8.8 million in the last fiscal year.

While there were slight cost increases, the majority of the increase is coming from more users, with 5,432 people taking the treatment last year compared to 2,128 in the 2012-13 fiscal year.

The drug acts as a replacement therapy, easing addicts off heroin and other opioids.

Last week, the province started to roll out grant payments to needle-exchange agencies to provide a naloxone program. Naloxone is a drug that can stop an opioid overdose and the province provided funding following a troubling spike in fentanylrelated deaths.

Trew said it's important for the province to work both on emergency measures like that and longer term steps to get people off of their addictions.

"The safety business is really at one end of the spectrum and then it is really a question of trying to help people get into effect treatment," he said.

the province is working with AHS and the college of physicians hoping to see more doctors prescribing the drug for patients in need.

"We need to continue for ways to look at how we can continue to make this work," he said.

进入 一

Your essential daily news

Report: Canada should be selling seal penises. **Business**

Gas-and-dash puts woman in hospital



Anna **Brooks** Metro | Calgary

Police say a Calgary woman is in hospital after attempting to stop a gas-and-dash theft and being run over by the fleeing driver.

Staff Sgt. Paul Stacey with the Calgary police said the woman, who is in her mid-30s and a relatively new employee at the gas station, confronted the suspects shortly before 11 a.m.

When she jumped on the hood, the driver quickly reversed, knocked her off the vehicle and then drove her over, according to Stacey. The woman suffered severe injures — including possible head injuries — and was transported to Foothills Hospital in "serious, potentially lifethreatening condition," said EMS spokesman Stuart Brideaux.

Erika Koch was working in the Home Depot garden centre when she saw the woman screaming and running toward 16 Avenue NW. At first, she said she thought the woman might be running after a loose child.

While she didn't see the moment of impact, there was no mistaking what she heard.

"I heard the worst screams you'll ever hear in your life," she said. "My stomach felt sick."

A nursing student at Mount Royal University, Koch ran onto the road to see if she could help. Koch said the woman was unconscious and witnesses on the scene couldn't find a pulse.

"She was face-down on the ground, and there was blood coming out of her mouth," Koch said. "Her ankle was smashed, and her pants were down ... I think maybe from the impact." WITH FILES FROM ROBSON FLETCHER



Members of the Making Waves Swim Club have been instrumental in winning the bid to host the 2016 International Gay and Lesbian Aquatics Championships in Edmonton. SUPPLIED

Edmonton to host LGBTQ aquatic event

Cab driver charged with sexual assault

An Edmonton taxi driver has been charged with two separate counts of sexual assault after a 19-year-old woman was sexually abused en route to her destina-

According to police, the woman took a Capital Taxi cab from 99 Street and 70 Avenue on Aug. 17, 2014. While en route to 96 Ave and 180 Street, the woman reported she was sexually assaulted by the driver.

On May 24 of this year a second alleged victim of the accused driver reported to police that he drove her to 87 Avenue and 116 Street, which was not part of her destination, and he



Shahid Shafiq. SUPPLIED

sexually assaulted her during the trip. Shahid Shafiq has been charged with sexual assault, committing an indecent act and unlawful confinement. METRO

IN BRIEF

Motorcyclist killed in crash

A 30-year old woman was killed Saturday night riding her motorcycle on the Yellowhead.

Police were called around 6:30 p.m. Saturday, after the woman lost control heading towards the south bound exit ramp onto Anthony Henday Drive. The Edmonton Police traffic section is investigating and has not yet determined a

RCMP shoot prior to chase

RCMP north of Edmonton were taken on a high-speed chase across several communities Friday night. Officers were attempting to make an arrest in Gibbons and an officer discharged their firearm during the incident. Two of the people in the vehicle have been released without charge, but 18-year-old Taylor Tobin is facing a slew of charges. METRO

Water polo event will help city's rep, bottom line

Tim Querengesser Metro | Edmonton

As the FIFA Women's World Cup and Edmonton Pride exploded into the city this weekend, organizers of the 2016 International Gay and Lesbian Aquatics Championship — to be held in the city next summer — say a tipping point is within reach.

With the events Edmonton is

building its reputation not only as an international sporting vacation destination, but also among the LGBTQ travelling community, which has big dollars to spend, the group said.

This isn't just about the (International Gay and Lesbian Aquatics) championships," said Mike Stansberry, co-chair of the championships' local chapter. "We're starting to market Edmonton as a destination that's welcoming and inclusive for the gay and lesbian community."

That community, Stansberry said, has cash: "We call them DINKS - dual income, no kids."

Next summer's International Gay and Lesbian Aquatics championships in Edmonton is projected to be the largest LGBTQ

Our sell was that we have an (LGBTQ) inclusive

> community. Mike Stansberry

event in the province's history, Stansberry said, with an estimated economic benefit from the 1,000 or so athletes - as well as fans and leisure travelers — of up to \$5 million.

But how did Edmonton win such an event, beating out more international cities like Auckland, New Zealand and Toronto?

"Our sell was that we have an (LGBTQ) inclusive community,"

Stansberry said. "We were able to feature our mayor as part of our bid package, as well as significant support from the broader community."

In the past, members of Edmonton's Making Waves Swim Club, formed in 1999 by the city's gay and lesbian community, have traveled abroad to cities like Sydney and Copenhagen to compete in the International Gay Aquatics Association events.

But this summer, Stansberry and others will instead travel to Stockholm, site of the 2015 Gay Games, to update the brain trust on Edmonton's progress.

"What's exciting is the amount of support we have from city of Edmonton and other mainstream partners," Stansberry said.

U of A launches virtual Amazing Race

With team names like The Walking Dead, Fab Five and TIGgers, it's likely to get competitive as the U of A's Faculty of Rehabilitation Medicine launches its first ever Amazing Race Challenge a virtual trek to the west coast taken on by faculty, students and alumni in the name of being active.

Katelyn Brown, support staff

member and part of the faculty's spearheading Health and Safety Committee, said the group was simply looking for a way to do something fun and healthy that involved all three faculty areas: speech language pathology, physical therapy and occupational therapy.

"This seemed a good way to get folks out and moving," said Brown, who is fielding interest from alumni and students, even though classes are finished.

Since June 1, a handful of five-member teams have started tracking their footsteps with traditional pedometers or smart phone apps. Weekly tallies will be gathered and shared, and prizes awarded for the first teams to reach the 1.155-kilometre mark.

While Brown is already active as a yoga instructor, she said the challenge is a simple way to add movement to everyone's day.

TIGger team captain Lu-Anne McFarlane said "our work is often very isolated...Initiatives like this encourage us to work together on something that is good for the spirit and for the body."

LUCY HAINES/FOR METRO

metr

NEWS | Edmonton Monday, June 8, 2015

CHECKOUTS

TOP 5

ITEMS TELL

The Edmonton Public library provided Metro with its five most popular items in a variety of categories based on the number of times it has been checked out in 2015.

0 Fiction

- The Fault in Our Stars by John Green — 1,058 checkouts • Drama by Raina Telgemeier
- Ungifted by Gordon Korman -895
- · Gray Mountain by John Grisham - 794
- · The One and Only Ivan by Katherine Applegate — 731

2 e-books

- Fifty Shades of Grey by E.L. James — 526
- The Girl on the Train by Paula Hawkins - 437
- · Gone Girl by Gillian Flynn
- · Fifty Shades Darker by E.L. James — 344
- Fifty Shades Freed by E.L. James — 298

Non-fiction

- · Yes Please by Amy Poehler - 549 checkouts
- Not That Kind of Girl by Lena Dunham — 505
- Minecraft Redstone Handbook by Nick Farwell — 386
- · Big Nate Out Loud by Lincoln Peirce — 385
- Minecraft Combat Handbook by Stephanie Milton

4 Music

- 1989 by Taylor Swift -929checkouts
- V by Maroon Five —550 • Title by Meghan Trainor
- Frozen soundtrack 400 • In the Lonely Hour by Sam Smith - 355



One of the Edmonton Public library's taglines may mean more than intended, as recent stats show a preference for erotic fiction in e-book form. RYAN TUMILITY/METRO

Library statistics reveal Edmonton's kinky secrets

Preference in e-books vary widely from the hardcovers



Edmonton library users are get-

ting a little saucy, but only when their preferences can remain under cover.

Numbers provided by the library of their most popular items show a big difference between the hardcover books people will carry through the library checkout and the e-books they download away from prying eyes.

The most popular fiction book in hardcover is teen melodrama The Fault in Our Stars, but when the book is being electronically

rented on a tablet, it's the decidedly un-teen romance Fifty Shades of Grey.

Sharon Karr, manager of collections at the library, said Fifty Shades doesn't do nearly as well in paper form.
"When it comes to the print

titles, they're really in the middle of the list. They're not in the top in the same way," she said. "People who want to read it don't necessarily want people to know that they're reading it."

The e-book category also holds the other two Fifty Shades sequels in the top five, while the fiction category is rounded out with young adult titles Drama and Ungifted.

Karr said the library aims to hold a ratio of one item for every five holds and buys more copies when the need arises. She said it aims to have the titles available in whatever format is popular, including e-books and audio books.

"We want to make sure people are able to borrow the titles they want in the format they want," she said.

She said people still appreciate hard-copy books, but the library is seeing a digital trend and must adapt as a result. She said paperbacks, for example, just don't have the same demand.

"We have increased the funding substantially for e-books, while moving away from paper-



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Canada's Christine Sinclair celebrates her game-winning stoppage-time penalty shot goal against China with head coach John Herdman against China during FIFA Women's World Cup soccer action in Edmonton, Alta., Saturday. JEFF MCINTOSH/THE CANADIAN PRESS

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World Cup 'big deal' for young players

SOCCED

Team numbers expected to rise next year: League official



Leah HoloidayMetro|Edmonton

As the world's top female soccer players begin tournament play in Edmonton, local soccer organizers are expecting all eyes, including hopeful players, to be fixed on the beautiful game.

The 2015 Women's World Cup kicked off Saturday with Canada facing off against China, where more than 53,000 people filled the stands to see Canada secure a 1-0 win

Mario Charpentier, president of the Edmonton Minor Soccer Association, said an event of this magnitude is so important for young potential athletes to experience.

"It's going to be a big deal," he said. "This is something very important. Kids are going to want to get involved to watch these games."

While he's not expecting a huge increase for the ongoing season's new player enrolment — the season is set to end shortly — Charpentier

said he expects to see some new faces starting next year.

"I'm sure for next year, we'll have a big increase mainly in girls."

Charpentier said the league

saw nearly 20 per cent increase in registration after the 2002 FIFA U-19 Women's World Championship.

"It's a good thing for kids to have this opportunity to watch this type of level of play," he added.

Charpentier said even his own granddaughter idolizes

the female soccer players.

Canada goalkeeper Karina LeBlanc said being a role model for young athletes is something she takes to heart.

Growing up, LeBlanc said, she remembers looking up to male soccer players. Now young girls, get to look up to women players.

"For me, you'll never find me saying 'no,' or walking

away from an autograph because I understand that importance of that moment to a young child," she said.

mainly in girls.

Mario Charpentier

Mario Charpentier

sne said.

LeBlanc said right now soccer is the num-

ber one sport in Canada, but a lot of clubs see a drop in participation for girls between 13-16 years. She's hoping the World Cup might change that.

"The opportunity of having a World Cup in your home country is that it inspires these young kids," she said.

WOMEN'S WORLD CUP

Tournament organizers thrilled after first FIFA match



Ryan Tumilty Metro | Edmonton

Edmonton organizers feel they got the Women's World Cup off on the right foot this weekend, as a record-breaking crowd packed into Commonwealth Stadium Saturday night.

A total of 53,058 fans filed into the stadium to watch the opening game of the tournament between China and Canada, which Canada won following a late game goal

ing a late-game goal.

"It was like all the stars aligned, with the beautiful weather, the incredible energy of the crowd, and the great result for Canada," said Trish Zimmerman, the venue manager with FIFA.

"I think we can be proud as Edmontonians that we had an amazing start."

City of Edmonton spokesperson Ronna Bremer said the city had some very packed LRT cars going to the game, but added that, given the circumstances, the city was pleased.

"We had 53,000 people in area and normally for an average Eskimos game (Canadian Football League) it's 30,000," she said.

"The trains were busy, but



I'm sure for next

year, we'll have

a big increase

Team Canada fans cheer prior to the start of FIFA Women's World Cup soccer at Commonwealth Stadium on Saturday.

FF MCINTOSH/THE CANADIAN PRESS

UP NEXT

Canada's next game is set for 7 p.m. Thursday at Commonwealth with New Zealand as the opponent.

China and the Netherlands also play Thursday at 4 p.m.

things seemed to go quite smoothly."

Canada's next game at Commonwealth is Thursday night against New Zealand. Bremer said people should leave plenty of time to get to the game.

"You have also got to remember that Thursday is a working day, so you're also going to have rush hour," she said.

Zimmerman also encouraged people to arrive early and to make use of some of the other entry gates, noting many lined up outside the gate nearest to the LRT entrance on Saturday.

She said she hopes fans will respond with the same enthusiasm on Thursday as they saw on Saturday.

"Edmontonians are so supportive of Team Canada and we really hope it's a beautiful day and encourages people to come out and enjoy it.



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Food truck to feed truly hungry

SMALL BUSINESS

Man raises funds to fulfil dream and help others



Stephanie Dubois Metro | Edmonton

Grilled cheese and soup will be the only menu items for a new food truck in the making.

It all started for Douglas Wheeler after he read an article about a man in New York City who charges \$1 for a pizza slice in the hope of giving homeless individuals something affordable to eat.

"It's inspired me, seeing all these random acts of kindness," he said.

Wheeler has set out to make his dream of cooking for a living a reality.

In need of money to purchase a food truck, the passionate chef started a Go-FundMe campaign.

But that wasn't enough.

Wheeler took a job in the oilfield, hoping his earnings would help him save enough money to outfit a truck and start serving people.

"Basically people can prebuy a sandwich, and it would go to those who are more hungry than them," he said.

Wheeler hopes to have his Cheesy D's truck on city streets soon but wants to get funding in place first.

4

On average, it takes about four months to get a truck professionally outfitted with the proper equipment, pass health inspections and get city approvals, said Matthew Hillman, owner of Street Eats.

"I'm not looking (for) this to be the cash cow for me to retire on, but I want to keep my price point low enough for people to enjoy it," he



An Edmonton man hopes to get into the food-truck scene with a charitable flair, planning to create a truck that could also help the less fortunate. His Cheesy D's truck would allow customers to prepay for sandwiches he could then give away. METRO FILE



A biz on wheels is a dream for some, but as veterans explain, making the dream a reality is not easy.

Matthew Hillman, owner of Street Eats, says health inspections and a permit from the city are essential to getting approved.

The biggest hit to the wallet is the cost of parking, he added. "It does get up to thousands of dollars per month just for the fees," said Hillman. "Sitting at a meter alone is \$700 a month. Generally, it doesn't matter what meter you're at: it's \$22 a day."

Mack Male, co-creator of What the Truck?! food events, says there's a misconception that food trucks are always cheaper than starting a restaurant. "A food truck, properly outfitted with the proper equipment that you need, can be around \$100,000. It's not necessarily a cheap endeavour," he said.



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Single mother Hawa Sheriff says students that come after her at Norquest College will benefit from on-site daycare, making it possible to aspire to careers they otherwise couldn't.

Norquest women donate to daycare

College aims to open facility to assist with parenting cost

Norquest College has done the math: if 1,000 women each donate \$1,000, the Edmonton-based community college will reach the \$1 million needed to build a childcare centre at its downtown campus.

It's a goal that resonates with Norquest student Hawa Sheriff.

The 23-year-old Liberianborn mom of a six-year-old boy is taking high-school upgrading classes with an aspiration to enter the school's social-work program.

'Right now I have my mom and sister to help, but every-

one depends on me to do better in the future. I couldn't afford to go to school if I had to find and pay for daycare,' Sheriff said.

Dr. Jodi Abbott, Norquest College's president, said the school's new Singhmar Centre for Learning will help remove barriers that many women face.

"Daycares have wait lists, and if a student has to manage housing, child care and school, then the schooling becomes more difficult," she

Newly sworn-in MLA Nicole Goehring called the 1,000 Women Child Care Centre the "type of facility we want more of. It's critical to know your child is in safe hands so you can breathe easy.'

Slated for a late 2017 opening, the child-care centre will accommodate 56 student and community children in a nearly 5,000 square-foot toddler- and preschool-focused space.

A quarter of the \$1-million tab is earmarked for student child-care bursaries.

"We're already at \$600,000 of our target. It's amazing how philanthropic the women of our community are supporting other women's successes," Abbott said. LUCY HAINES/FOR METRO



Norquest College has more than 10,000 enrolled students, a majority of whom are women born outside of Canada. More than 75 per cent of all of the health-care aides. working in Alberta are Norquest alumni. LUCY HAINES/FOR METRO

Accused in toddler's death was not impaired, lawyer argues

A man who mistakenly pushed the gas pedal on his SUV, plowing onto a restaurant patio and killing a toddler, is now facing the prospect of prison in addition to constant fears of vengeance, says his lawyer.

Dino Bottos says people in the community have wrongly believed for the last two years that his client, Richard Suter, was drunk when the crash happened two years ago.

On Friday, the 64-year-old retired businessman pleaded

guilty to refusing to provide police with a breath sample when there is a death, a relatively new charge in the Criminal Code that carries a maximum sentence of 14 years.

He was originally scheduled to go to trial on more serious charges, including impaired driving causing death, but those are expected to be withdrawn at his sentencing hearing in October.

"Everyone thought he was drunk, and he wasn't drunk," Bottos told reporters outside an Edmonton court. "Through misinformation and exaggeration, this city has been poisoned against Mr. Suter, and he has suffered a great deal of harm.'

In addition to a social-media crusade against him, Suter was kidnapped from his home in January by three men posing as police officers, Bottos said. They put a hood over his head, drove him to the city outskirts, beat him and cut off his thumb. Police recently charged a man in the case. THE CANADIAN PRESS



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Canada | metr

NEWS Monday, June 8, 2015

Harper pushes for trade pact with EU

PM talked up agreement at **G7** summit

Prime Minister Stephen Harper used Sunday's opening of the G7 summit to push European leaders to ratify the comprehensive Canada-EU free trade agreement.

Harper's office said he talked up the trade pact at the G7's first working session of the day on the fragile global economy.

"Prime Minister Harper encouraged European members of the G7 to swiftly implement the job-creating Canada-EU trade agreement," his office said in a statement.

Harper met European Council President Donald Tusk, and the European Commission President Jean-Claude Juncker, where he was expected to push the deal.

Canada and the EU have an agreement in principle on



Prime Minister Stephen Harper, centre, jokes as he talks with President Barack Obama and other leaders on Sunday during dinner at the G7 meeting at Schloss Elmau near Garmisch, Germany. ADRIAN WYLD/THE CANADIAN PRESS

a sweeping pact in goods and services, but the legal text still must be finished so it can be ratified by Canada and the EU's

28-member countries.

Ratifying the pact, known as CETA, would be a major political win for Harper with the planned Oct. 19 federal election looming. Harper used a meeting with German Chancellor Angela Merkel to push for CETA's ratification.

Harper also met with British Prime Minister David Cameron, and they discussed the need to grow the fragile global economy as well as addressing two of the world's leading security issues: the crisis between Russia and Ukraine and the fight against the Islamic militants in Iraq and Syria, said his office.

They emphasized the need for Russian President Vladimir Putin to honour the Minsk peace agreement that was seriously undermined by a renewed outbreak of violence in eastern Ukraine this week.

Harper arrived in Germany's scenic and mountainous Bavarian region for the G7 after stopping in Kyiv and assuring Ukrainian leaders that he would push for solutions to their ongoing conflict with Russia. THE CANADIAN PRESS

Naked Canadians blamed for quake

The Department of Foreign Affairs says it is assisting two Canadians barred from leaving Malaysia, amid reports that the pair could be charged after allegedly posing naked atop the country's highest peak.

Spokesman Nicolas Doire says the department is aware they have been prevented from leaving the country. Malaysia's foreign affairs ministry identified them as Lindsey Petersen and his sister Danielle Petersen.

A magnitude 5.9 earthquake on Friday sent rocks raining down the trekking routes on

Mount Kinabalu in eastern Sabah state on Borneo island.

Sabah Deputy Chief Minister Joseph Pairin Kitingan blamed the tragedy on a group of 10 foreigners who "showed disrespect to the sacred mountain" by posing naked at the peak last week. He said a special ritual would be conducted later to "appease the mountain spirit." Officials have said a group of foreigners — including two Canadians - broke away from their entourage and stripped naked before taking photos at the mountain peak on May 30. THE CANADIAN PRESS



🛑 IN BRIEF

Mulcair promises cities more money from gas tax

NDP Leader Tom Mulcair is promising Canada's cities an extra penny from the

Mulcair told the Federation of Canadian Municipalities convention in Edmonton Saturday that an NDP government would provide an extra \$1.5 billion each

year for roads, bridges and other infrastructure through the existing gas tax by the end of its first term. He also promised an NDP transit plan would see \$1.3 billion invested each year over 20 years, and said there will be incentives for the construction of affordable homes.

THE CANADIAN PRESS



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Visitors pay respects to Parizeau

Quebec's legislature opened its doors on Sunday to allow citizens to pay their last respects to former premier Jacques Parizeau, one of its most famous representatives.

The funeral procession, led by Parizeau's widow Lisette Lapointe, arrived just before 10 a.m. after which the Fleur-de-lis draped coffin was brought into the large hall, transformed into a funeral parlour for the day.

This was the second day of public visitations for Parizeau, who died last week.

The event attracted long line-

ups of dignitaries and citizens alike. By mid-afternoon hundreds of people had viewed the casket and offered their condolences to Lapointe and other members of Parizeau's family.

Among the dignitaries, Parti Québécois leader Pierre Karl Peladeau visited Parizeau's casket for a second day in a row. Speaking to reporters, he highlighted Parizeau's role in creating the provincial pension fund manager and state-run investment company, and said he gave "hope" to the people of Quebec. THE CANADIAN PRESS



Lisette Lapointe, wife of Jacques Parizeau, looks upon her husband's casket.

THE CANADIAN PRESS

Veterans to bike battlefields

A group of veterans, soldiers and their supporters are preparing to bike across the battlefields of Europe to remember the sacrifices of the past and help the wounded soldiers of today.

In mid-June, almost 100 participants in the second annual Battlefield Bike Ride, organized by Wounded Warriors Canada, will gather at the Canadian National Vimy Memorial in northern France for the ceremonial kickoff of their journey.

Over the next seven days and 550 kilometres, the riders FUNDRAISER

The ride started as a rehabilitation program for wounded vets. Encouraged by the support, last year the organization turned it into a fundraiser as well, welcoming others to ride along with injured troops.

will head north into Belgium, across First World War battlefields, then into the Netherlands.

retracing the steps of Canadian soldiers who fought through the Scheldt estuary during the Second World War. The ride will end at the Groesbeek Canadian War Cemetery, near Nijmegen, which holds the graves of 2,338 Canadians killed during battles that helped pushed the Nazis out of the Netherlands.

David Warren, a former military chaplain, calls the ride his "retirement challenge" and said he's going on the trip to remember — and raise money.

TORSTAR NEWS SERVICE

metr® NEWS | Canada | Monday, June 8, 2015 |

HALIFAX CARRYING THE TORCH Mark de Jonge, a kayaker from Halifax and an Olympic bronze medallist, carries the Pan Am Games torch into Grand Parade in Halifax on Sunday afternoon. The torch was in Halifax to promote the Pan American Games, being held in Toronto from July 10 to 26. HALEY RYAN/METRO IN HALIFAX

Iranian staff abandoned

DIPLOMACY

Documents show contrast in closure of two embassies

Documents obtained under access-to-information legislation show a stark contrast between the way Canada treated its former employees in Syria and those in Iran.

In Syria, a civil war prompted Canada to pull up stakes, while in Iran, a decision by Canada to cut off diplomatic ties with the government was behind the move.

In Syria, layoffs of local staff began in January 2012 and ended with the full closure of the embassy in March of that year. A week after, then-ambassador Glenn Davidson wrote a memo on how it was handled, offering advice for future such closures. For locally engaged staff, workplaces are not just jobs and sources of pride, he wrote. "Our bottom line was: look after your staff as you would wish to be looked after yourself," he said.

Each employee met individually with his or her manager, got a photo, a certificate of appreciation and even offers of counselling. Severance was paid immediately, and arrangements were made for pensions and benefits.

"But it wasn't surprising the way they treated us — Canadians know how to treat people," said

Basila, a former employee, who asked that her real name be withheld to protect her family.

The memo may not have reached Tehran. Iranian locals knew they weren't fully trusted—that was part of the stress of working for a foreign government, especially one Iran didn't like, said Afsaneh, a long-time embassy employee who asked that her real name not be used.

Canada announced on Sept. 7, 2012, it was listing Iran as a state sponsor of terrorism and ending diplomatic relations, with Canadians already out of the country.

Afsaneh found out about it from a friend watching the news on BBC. With the embassy doors locked, personal belongings of many local staff — who considered the embassy the safest place to store items like passports, diplomas and cash — remained inside for over two months. And they waited as long for their severance pay and benefits.

A group of staff wrote an angry letter to Prime Minister Stephen Harper and other senior officials in October that year, the first of several attempts at recouping their money and belongings.

The toxic relationship between Tehran and Ottawa was putting their lives and families at risk, they wrote, saying none would be able to find work.

The Foreign Affairs department declined a request for an interview and did not directly respond to specific questions about how Iranian staff were treated.

THE CANADIAN PRESS

GROWING NORTH

Students envision cheaper food in Nunavut

A group of university students will head to Nunavut this summer to build a greenhouse to produce cheaper food for one remote community.

Ryerson University students Stefany Nieto and Ben Canning met two years ago and wanted to tackle an issue affecting Canadians. Food is hard to come by in Nunavut, especially produce, which arrives via boat or plane. And it's egregiously expensive. Starvation is therefore a real threat in places such as Repulse Bay, at the Arctic Circle in central Nunavut. "That's the reality they have to face every day," said Canning, 19.

So they decided to take action, emulating similar programs in Alaska and Sweden and calling their project Growing North.

Last summer, the students flew to Repulse Bay — which will revert to its traditional Inuktitut name, Naujaat, on July 2 — to do further research. They said

they spoke with 10 per cent of the population. The community loved their idea and has since donated land for the greenhouse.

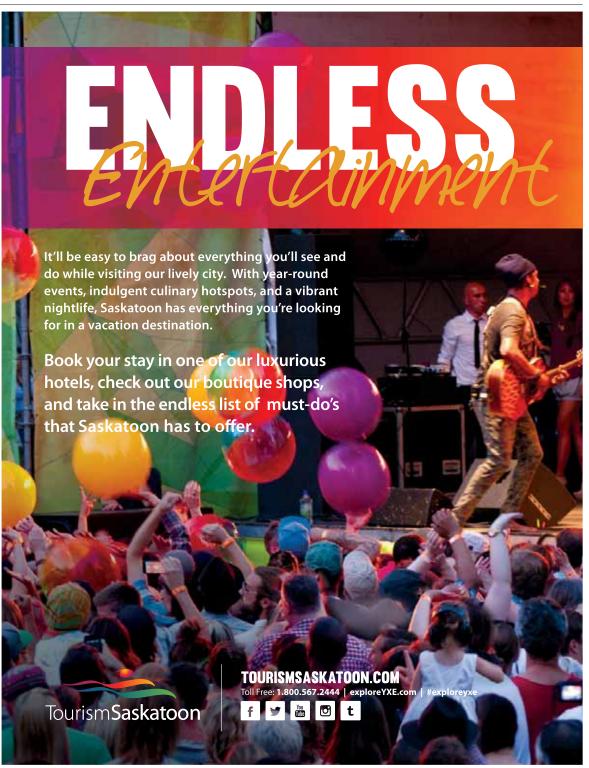
The plan is to focus on fruits, vegetables and herbs, which will be grown with hydroponic technology that uses nutrient-rich water rather than soil.

With the community on board, the business-management students said they managed to raise more than \$150,000 through donations.

They are in the process of buying a greenhouse that looks a bit like an igloo. Technically it's called a geodesic dome, a modular sphere made with triangular polycarbonate panels.

In early August, Nieto will head up to Nunavut for five weeks, while Canning and three other students will join her two weeks later to build the greenhouse in co-operation with members of the community.

THE CANADIAN PRESS



10 Monday, June 8, 2015 World Metr® NEWS

CHINA RESCUERS, FAMILIES HOLD MEMORIAL FOR VICTIMS OF CAPSIZED SHIP Family members grieve along the banks of the Yangtze River near the site where the Eastern Star capsized last Monday in Jianli county in southern China's Hubei province on Sunday. Nearby ships blared horns for three minutes and rescuers bowed in silence to honour the more than 430 victims of the capsizing, as specialists began working on DNA samples from relatives to identify the dead.

Police comb border after prison break

NEW YORK

Officials worried men may try to enter Canada

The brother of a slain sheriff's deputy had forgotten the names of those involved in the killing more than a decade ago. Then came a daring prison break: two convicted murderers hid dummies in their beds and used power tools to cut their way to freedom.

The cunning escape from an upstate New York prison on Saturday had hundreds of local, state and federal lawenforcement officers searching for one of the deputy's killers and another man imprisoned for dismembering his boss.

Richard Matt and David Sweat staged what Gov. Andrew Cuomo called "a really elaborate, sophisticated oper-



Richard Matt. NEW YORK STATE POLICE/THE ASSOCIATED PRESS

ation" that ended at a manhole cover blocks away from the prison.

The men had filled their beds inside the Clinton Correctional Facility with clothes to appear as though they were sleeping, cut into steel steam pipes and shimmied out of the prison. On one pipe cut in the escape, investigators found a



David Sweat. NEW YORK STATE POLICE/THE ASSOCIATED PRESS

note with a crude Asian caricature along with the words, "Have a nice day."

Sweat, 34, is serving a sentence of life without parole after he was convicted of first-degree murder for killing a sheriff's deputy in Broome County, New York, on July 4, 2002. Matt, 48, is serving a sentence of 25 years to life for the

kidnapping, dismemberment and killing of his former boss in 1997.

CTV News reported that officials believe the men may try to enter Canada through Ontario or Quebec. Alerts have been broadcast to police in the Greater Toronto Area.

Steven Tarsia, brother of Deputy Kevin Tarsia, said finding out his brother's killer had escaped "turns your world upside-down all over again."

He said just the other day, he had been trying to remember the names of the men responsible for his brother's death, and "I couldn't remember their names."

"All of a sudden, I remember them again," he said. Roadblocks were set up in

Roadblocks were set up in the area around the village of Dannemora, which is about 30 kilometres from the Canadian border, and bloodhounds and helicopters were being used to track down the men, officials said. THE ASSOCIATED PRESS



UGG MICHAEL KORS. WILDFOX LAZY PANTS ZANEROBE TOMS SHOES TORY BURCH KATE SPADE JOHN VARKATOS BIKKEIMBERIGS SUPER DRY SEVENS LACOSTE FRED PERRY AMERICAN VILLAGE AUTUMN CASHMERE BAILEY 44 COTTON CRITIZEN FREE PEOPLE LAUPERN MOSH! PREMONITION MINK PINK SPLENDID STATE SIDE TAYLOR JACOBS VELVET JOIE HUDSON JEANS NAKED ZEBRA WALTER BAKER HOUSE OF HARLOW WINTER KATE NUDGE SCOTTCH A SODA G-STAR TRUE RELIGION POCK REVIVAL PSYCHO BUNNY BOY LONDON



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CASH ONLY, SOME RESTRICTIONS APPLY.

Israeli Prime Minister Benjamin Netanyahu on Sunday criticized what he described as the world's

what he described as the world's "silence" over recent rocket attacks from the Gaza Strip, drawing a quick response from his country's closest ally, the U.S.

Netanyahu, speaking at his

Netanyahu, speaking at his weekly cabinet meeting, said he hadn't heard anyone condemn three rocket attacks from Gaza over the past two weeks. The rockets caused no damage, nor any injuries.

"It will be interesting to see if this silence continues when we



slams 'silence' on attacks

Prime Minister Netanyahu

The hypocrisy that is sweeping the world will not chain our hands from defending the citizens of Israel.

Prime Minister Netanyahu

use all our strength in exercising our right to defend ourselves," Netanyahu said. In Germany, White House spokesman Josh Earnest said U.S. officials had spent "a lot of time talking about this" during Israel's recent war with Hamas in the Gaza Strip.

"This is not the first time that

"This is not the first time that I've stood at a podium like this and strongly condemned rocket attacks by extremists in Gaza against innocent Israeli citizens," Earnest said. "Clearly, the United States stands with the nation of Israel as they defend their nation and their people from these attacks." THE ASSOCIATED PRESS

ITAL

Leaders in north vow not to shelter more rescued migrants

Heartened by recent election successes by an anti-immigrant party, Italian politicians based in the north vowed Sunday not to shelter any more migrants saved at sea, even as thousands more were being rescued in the Mediterranean from smugglers' boats in distress.

Over the weekend, nearly 6,000 migrants were rescued, including 2,371 saved on Sunday from 15 boats that ran into

difficulty shortly after smugglers set off with them from Libyan shores, the Italian coast guard said.

Two German military ships brought a total of some 1,400 people to Sicilian ports Sunday, a day after they were rescued.

While politicians in the north were saying no to more migrants, corruption investigations have showed that other Italian politicians and local officials see the shelters as a way to make money.

Last week, 44 people, including local politicians from the centre-left to the centre-right in the Rome area, were arrested for alleged corruption or tampering with public contract bidding. The Rome-based probe examined public contracts for social services, including for asylum-seekers at a migrant centre in Sicily.

10%

metr@NEWS | World Monday, June <u>8</u>, 201<u>5</u>

SPAIN REMEMBERING THE MOSS MEN Moss men and a reveller carry Spanish flags as they take part in the Corpus Christi procession in the small village of Bejar, Spain, on Sunday. Every June, men covered in moss parade through the streets to commemorate a daring raid that local legend says helped liberate the town from Muslim occupation. Locals believe that during the reign of King Alfonso VIII of Castile (1155-1214), men camouflaged themselves in moss from nearby forests to approach the gates of a Muslim fortress undetected. ANDRES KUDACKI/THE ASSOCIATED PRESS

Obama gives moving eulogy at funeral for Biden's son

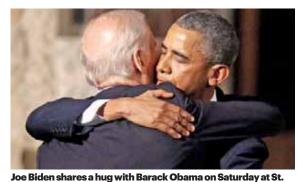
For U.S. President Barack Obama and Vice-President Joe Biden, there have been trying moments since they took office more than six years ago.

But the recent death of Biden's son, Beau, has magnified a personal bond between Obama and Biden, men from different generations and back-

"Joe, you are my brother," Obama said in a deeply personal eulogy at the younger Biden's funeral Saturday in Delaware. "I'm grateful every day that you've got such a big heart and a big soul and those broad shoulders.

Obama's voice cracked throughout his remarks, a rare public display of emotion for a president with a typically cool demeanour. Biden, on the other hand, can overflow with emotion at even mundane White House events.

The 53-year-old Obama and his 72-year-old vice-president overlapped for a few years in the Senate, but they were not particularly close. After winning the Democratic presidential nomination in 2008, Obama picked Biden as his running mate in part because he hoped the Delaware senator's 36 years in Washington would offset his own inexperience.



Anthony of Padua R.C. Church in Wilmington, Delaware.

WILLIAM BRETZGER/THE WILMINGTON NEWS-JOURNAL/THE ASSOCIATED PRESS

As the White House and Congress barrelled toward a taxincrease deadline in the closing days of 2012, it was Biden who called on his deep Capitol Hill relationships to avert a crisis, filling the void for a president who has struggled with the kind of personal touch that appears to come so easily for the vice-

More than Biden's political or policy skill, aides say it's the vicepresident's closeness with his family that appeals to Obama.

Biden largely kept his son's health struggles private, but White House officials say Obama and the vice-president had several conversations in recent weeks about Beau Biden's recurrence

When Obama addressed the large crowd packed into a Roman Catholic church in Wilmington, Del., it was clear he was speaking not as a political ally but as someone suffering alongside the Biden family.

After sharing a long embrace with Biden, Obama said of his own family, "We've become part of the Biden clan.

"The Biden family rule applies," he continued. "We're always here for you; we always will be - my word as a Biden." THE ASSOCIATED PRESS

Turkish ruling party loses ground

PARLIAMENT

Preliminary election results suggest AKP no longer majority

In a stunning blow to President Recep Tayyip Erdogan, preliminary results from Turkey's parliamentary election on Sunday suggested that his party could lose its simple majority in Parliament.

With 99.9 per cent of the vote counted, Erdogan's ruling Justice and Development Party, the AKP, had the support of about 41 per cent of voters, according to staterun TRT television. According to projections, that would give it some 258 seats - 18 below the minimum needed to keep its majority.

It's an indication of how precipitously Erdogan's fortunes have fallen in the campaign. He had begun the campaign asking voters for 400 seats, a massive majority that would have allowed the party to change the constitution to give the presidency extraordinary powers. AKP would have needed a majority of 330 seats of the total 550 to call for a national referendum to change the constitution.

AKP received around 49 per cent of the vote in general elections in 2011. The setback would be the first time the party is faced with falling short of a majority to rule alone since it swept into power in 2002.

"Erdogan turned the election into a referendum on his personal ambitions," said Fadi Hakura, a Turkey specialist at London-based Chatham House. "These elections have put his plans on the back burner for a very long time."

Erdogan himself was not on the ballot. Still, the election was effectively a referendum on whether to endow his office with powers that would significantly change Turkey's democracy and prolong his reign as the country's most powerful politician.

The pro-Kurdish HDP's apparent leap above the 10 per cent threshold, at nearly 13 per cent,

This is the victory of democracy over loutishness.

HDP official Sirri Sureyya Onder

would vault it into a significant position in the Parliament, winning seats greatly at the cost of the ruling party's current majority and making constitutional change on AKP's terms unlikely.

Sirri Sureyya Onder, a senior HDP official who won a seat in Ankara, said the party would not celebrate its breakthrough as to avoid provoking opponents, but he took an apparent shot at the ruling party. "This is the victory of democracy over loutishness, of freedom over oppression, of modesty over conceit, of peace over war," he said.

The vote came amid high tensions after bombings Friday during an HDP rally killed two people and wounded scores. THE ASSOCIATED PRESS

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MINING

Women's coveralls rock fashion show

Alicia Woods' "eureka" smallbusiness idea came via the call of nature a mile underground touring a Sudbury nickel mine 15 years ago. "I thought, 'Uhoh, what if I have to use the washroom?'" she recalls.

Then, about four years ago, she was in a potash mine in Saskatchewan and had to make an embarrassing trip to the loo that took far longer than the men because she had to remove the full safety outfit.

"That was it," says the mother of two.

Covergalls was born soon



EDMONTON PUBLIC SCHOOLS

after, when she found a seamstress to put together a sample design of women's coveralls, with wrist snaps, adjustable Velcro at the waist and twoway zippers to fit various sizes — and, of course, a secret trap door for when nature calls.

Though women make up only 17 per cent of the staff in the Canadian mining sector today, or 46,000 people, her market research told her those who work hands-on as miners, geologists and engineers tend to buy several pairs of coveralls at a time, a few times a year.

Covergalls will be front and centre at the Women Who Rock mining fashion show Monday night at the Art Gallery of Ontario in Toronto.

The first-annual Hard Hats and High Heels event will bring together a rather odd couple: the Canadian fashion industry and women of the mining industry — many of whom are part of the Women Who Rock informal networking organization.

Besides Covergalls for those heading underground, the show will feature Canadian fashion brand Judith & Charles with a collection aimed at integrating modern influences with feminine softness and strength — modelled by women who work in the metals industry.





A report by the Fur Institute of Canada is calling for the revival of the controversial seal-penis trade as part of a five-year plan aimed at creating new markets for seal products by using every part of the carcass. DAN KITWOOD/GETTY IMAGES

Key hunt supporter touts seal penis sale

EAST COAST SEAL HUNT

Fur Institute sees Asian buyers as main target market

Sales of Canadian seal products could get a lift if the federal Fisheries Department adopts a plan that, among other things, calls for the revival of the controversial seal-penis trade, a key supporter of the East Coast seal hunt says.

The report, drafted by the Fur Institute of Canada, is aimed at creating new markets to support an earlier proposal to kill 140,000 grey seals over five years in the southern Gulf of St. Lawrence — 70 per cent of the grey seals that frequent the area.

Fishermen have long com-

plained that a growing population of grey seals is to blame for eating too many commercially valuable fish, which has resulted in repeated calls for a cull.

The Fur Institute says its five-year plan, dated March 2014, focuses on creating markets for a number of products that could be derived using every part of the seal carcass.

"The penises of juvenile and adult animals may be dried and sold as sexual-enhancement products, particularly to Asian buyers," says the report, obtained through the Access to Information Act.

"Asian consumers, particularly athletes, also consume a beverage called Dalishen Oral Liquid that is made from seal penis and testicles, which they believe to be energizing and performance-enhancing."

Officials at the Fisheries De-

\$650

The sale of Canadian seal penises hasn't attracted headlines since the late 1990s, when the International Fund for Animal Welfare filed a lawsuit against the federal fisheries minister, claiming the trade was the most cruel aspect of the seal hunt. At the time, the penises were being sold for up to \$650 each. The market shrivelled after Viagra appeared on the scene, though a much smaller market lingers.

partment declined an interview but said in an emailed response that they were considering the report.

Dion Dakins, chairman of the committee that wrote the study, said the decision to develop a market for seal penises stems from the belief that no part of the carcass should be wasted.

The Fur Institute's plan calls for a squad of five fishing boats carrying a total of 40 hunters to kill seals for nine months of the year.

The study says the hunters could be equipped with Beretta 9-mm semi-automatic rifles with silencers. The use of silencers, needed to prevent spooking the animals, would require legislative changes, as such equipment is banned in Canada.

The total cost of implementing the plan would be around \$9 million, assuming buyers could be found to pay up to \$4 million in the first year for about 70,000 carcasses.

THE CANADIAN PRESS



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METAVIEWS

Your essential daily news

Monday, June 8, 2015



Stephanie Tawse, Ottawa

What are you up to?

I just had gelato, peoplewatched and went to the dog park. Now I'm heading

What is your commute?

To which job? I have like five jobs. I mostly bike. I work at a bike shop. (Biking) is good cardio, and I live in Old Hull and it takes 15 minutes to get downtown. It's actually a lot faster than busing.

What's the one thing everyone in Ottawa should do at least once?

Wednesday yoga on Parliament Hill! I go almost every week. It's awesome.

Follow us on Instagram @metronewsca and show us your #MyMetro pose with a copy of our newspaper. We'll re-post you and feature a reader pic from across Canada in this spot every Monday.



Watch out, Toronto: We can make fun of you, too



Cathal Kelly recently argued in The Globe and Mail that FIFA and Canada had no business holding the opening game of the Women's World Cup in who-knows-about-thatplace Edmonton rather than Canada's largest jewel of a city.

This time Edmonton's embarrassing and humourless backlash was kept in check. There was no repeat of last year, when columnist Chris Selley wrote about Edmontonians with crazy eyes a-twitching, and former mayor Stephen Mandel took the bait. Maybe we're learning.

Still, Kelly put us on defence and made us mumble in quiet outrage, like a smart kid getting bullied. But I'm betting this will be the last time it happens. After two years living here, having lived in Toronto as well as Vancouver — two cities that look down their noses at others — I sense Edmonton is starting to realize it should do the mocking rather than take the barbs.

Yes, Toronto has its Lexuslike glitz, its international film festival and its mosaic of three million people. It represents Old Canada, too — liberalism, diversity, inclusiveness. But it also represents the worst of Old Canada: its population is aging, its main industries are gathering dust, its money is old, aristocratic and entrenched, and its economic pre-eminence is upheld not through innovation but its connection to the Great Lakes and St. Lawrence seaway.

Edmonton hides its charms and is honest about its flaws; there's a built-in selfconsciousness to the city. We all know our examples of suck — anodyne, beige architecture, oversized, outdated malls and oil upgraders incongruously beside riverside parks.

We need to start celebrating what Edmonton lacks. Living in Toronto is more than a little wearing. The city is painted with past greatness but little excitement for the future. In its place is a feeling of brokenness. The transportation infrastructure is broken. The politics (Rob Ford is only the best known) are broken. The waterfront, once industrial and now overtaken by condos without community space, seems on the verge of being — yep — broken. What's most broken in

What's most broken in Toronto, though, is every city's pact with its residents: the trade-off between costs and benefits. It simply takes too much to get too little.

uch to get too little. My friends in Toronto work as hard as I do, only to have less social mobility, reputational mobility and potential for achievement. Like me, they eat at their desks and work 10 stress-filled hours a day. But unlike me, they can't afford a normal-sized condo on a single income. They never run into local or federal politicians, as I did this weekend, and have them value what you say.

Kelly and others mock Edmonton because of what we lack: aristocracy, long-standing problems, brokenness. Thanks partly to our newness, we have a city in balance: we're young, entrepreneurial, affordable, and still offer something like a Canadian dream. It won't last forever. But for now, Toronto, Edmonton's making you look like the problem child.

Tim Querengesser is the managing editor of Metro Edmonton

ROSEMARY WESTWOOD

metroview

"We ... builders of cities, expect to feel safe from wildlife."

You haven't known fear until you've been dive-bombed by a crow.

You haven't known terror until you've run down the street, arms covering your head, yelping with every brush of black wings.

We, humans, builders of cities, expect to feel safe from wildlife on the streets, because we own them.

But crows own the skies. Sophia Lindgren in Vancouver understands this, having been repeatedly attacked two springs in a row. It's nesting season again, and it's as if the crows have marked her.

"It goes back and forth and goes, 'Caw! Caw!'" she told Metro Vancouver last week, 'and it kind of swoops right over my head, and sometimes it scratches me."

I know the feeling, Sophia. I spent one spring in Victoria cowed by the crows along my route to work. I used an umbrella as a shield, unsure if the bun on my head was the problem, or if I had somehow offended them.

Crows, after all, don't dive for nothing. They're highly intelligent. They can use tools and speak to each other — one in Manitoba can even speak a few words in English. They can reason at the level of a seven-year-old. They are said to remember people's faces, for good or ill, for years.

Maybe Sophia or I scowled

at one once, and never knew the impact. More likely, we were seen as a threat to the fledgling crows.

Ravens, the majestic cousins of the crow, don't bring the same terror. Solitary and aloof, they don't interfere with our sense of urban dominance.

We don't see them chatting and circling overhead with their brethren. They don't flock in the tens of thousands like the crows over Burnaby do. They don't cover whole neighbourhoods, as crows did in Halifax last year.

There are tens of millions of crows across the U.S. and Canada, and researchers say their populations are rising in cities, where food is plentiful.

Crows easily adapt to urban environments and "will eat anything they can get their beaks on," said Derek Matthews, founder of the Vancouver Avian Research Centre, a man keen to redeem the "villain" crow.

When they attack, they're only protecting their young, he said with compassion.

But we, in our cities, see another threat. Here, more than anywhere, we want to control nature.

Crows, swooping, calling, smart and unpredictable, remind us that we cannot.

Our cement fortresses are not impenetrable. Even here, we can be hunted.



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School's out and so's your wallet

How to rein in the high cost of keeping children busy

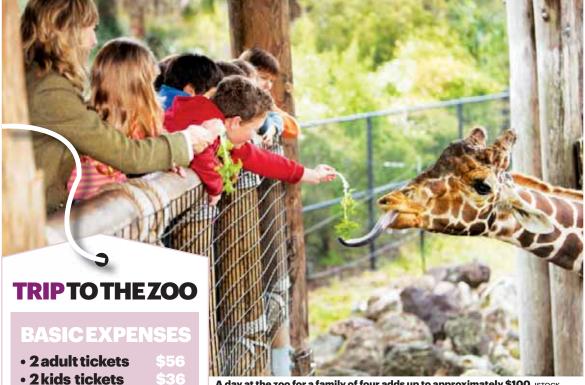
Megan Haynes For Metro | Life

As parents brace for the end of school, many are feeling the pressure of the high cost of keeping kids entertained over the summer, a new report from TD Canada finds. Indeed, 56 per cent said they consider the additional cost of summer activities like camps, classes, sports programs, day trips and family vacations stressful.

The study, which surveyed 6,100 Canadians, found 71 per cent of parents expect to pay up to \$999 per child for these extra costs, while 10 per cent plan to spend more than \$1,500 per child, says Linda Mackay, senior vice-president, retail savings and investing at TD.

Many will dip into their savings (11 per cent), charge to their credit cards (13 per cent) or try to cut back on other expenses (26 per cent) in order to cover the additional cost, the report found.

This year, parents who didn't plan ahead will get a bit of a reprieve, Mackay says, as the universal child care benefit was expanded in the federal budget. The new program dishes out \$160 a month per child for kids under six, and \$60 per month



A day at the zoo for a family of four adds up to approximately \$100. ISTOCK

per child for those between six and 17 (as opposed to the previous program that handed out \$100 only to kids under six).

And it's retroactive to January,

(ages 3-12)

(or transit day pass)

Parking

she says, which means parents who have signed up for the universal child care benefit can expect a bigger

cheque in the mail in July.

Carol Wong-Li, a senior lifestyle analyst at research company Mintel, recently studied consumer-spending habits. She

says Canadians generally, and parents in particular, want to reduce their spending in 2015 opting to focus on costs that will reduce their stress, such as mortgage or credit card debt.

As a result, parents want to cut back on their leisure and entertainment spending.

"When you're a family of four, and you're buying four tickets for something, it's automatically the ticket price times four," she says. For example, tickets to the Toronto Zoo will cost two parents and two kids nearly \$100, before food and

Wong-Li says parents should hunt for free outdoor festivals as alternatives to paid attractions or programs. She suggested talking to both online and offline social networks to ask other

parents for advice on free activities (and she reminds people it's give-and-take: share your own free alternatives).

"Parents spend more on home care items, like cooking products and tissue paper, than the average Canadian," she says.

Looking for sales and deals on household products might be one way to free up some cash to pay for children's activities.

For forward-looking people, Mackay says the simplest solution to help ease the stress is to put aside a little bit of money each month — even \$20 per paycheque — to help alleviate the financial burdens of the summer months. She says automated savings programs are a simple way to do this.

She also suggests taking advantage of early registration for activities, saying many programs offer discounted rates. "It's a bit late now, but (parents) can make a calendar reminder for January or February (2016) to check for early bird pricing for next year's summer activities," she says.



Other ways to save on fun for your kids this summer

 Dip into those reward points to pay for your hotel, plane ticket or even ticket attractions.

2 Check out cheap/free activities offered by your local municipality.

3 File your receipts: a lot of your kids' summer activities might be tax

Vying for the boss's eye

Combat office favouritism by stepping up

OFFICE RELATIONS Eleni **Deacon**

Even the fairest bosses sometimes play favourites. And while it's natural for managers to click with some colleagues better than others, their preferences can cause tension. Being the boss's go-to can mean higher-profile projects, after-work perks or even first-in-line access to a promotion. For the favourite, it's great. But less-loved employees can feel unappreciated and invisible.

If your manager exhibits ineveryone's-face favouritism, don't blame the object of their affection. Although it may take some painful self-appraisal, it's worth questioning why Katie was chosen to attend that conference while you were stuck at your desk. Your boss might be swooning for personal reasons

 maybe she and Katie share similar interests or sense of humour - but it's also possible that Katie does the best job.

Focus on improving your own performance, rather than obsessing over someone else. What are the behaviours that make your boss's bestie shine brighter than the rest? Maybe it's their attitude. Maybe they're reliable. Or maybe they revamp tired administrative processes with creative new ideas. Once you identify the qualities that make the favourite exceptional, see if you can incorporate elements of their style into your work. To make your boss see you in an equally stellar light, don't hate

It's more complicated if fa-



To make your boss see you in an equally stellar light, don't hate – emulate.

vouritism is the result of abstract social connections.

No matter how much overtime you commit, you may never share as many giggles with your superior. It's not wrong for your boss to have a bud. But if it's a bud-with-benefits, especially professional pluses like bonuses or off-the-book vacation days, it's worth attempting a tactful chat.

When meeting with your manager, avoid trashing their

Instead, voice your own aspirations. Pitch your wishes - more opportunities, more communication — and ask how you can reach these goals. It might be tempting (and justified) to call out their favouritism, but articulating your ambitions will likely be more effective than airing your grievances. At the very least, a one-on-one conversation will bring you closer to your superior.

While recognition is important to workplace satisfaction, don't let frustration over favouritism become a distraction. Build a strong track record. You may not be their darling, but you'll still earn their respect.



Mirroring the boss's favourite can be an opportunity to learn the habits of the highly

metr@LIFE | Finance Monday, June 8, 2015 **15**

It always pays to do your mat

Take control of your money by taking stock of what you owe



I'm making quite the reputation drumming home some very common-sense ideas about money. Unfortunately as common sense as these rules may be, there are a lot of people for whom these rules are not obvious. I meet people who are spending money on credit and not paying it off in full every month and I scratch my head. Part of the problem comes from how we think about debt. We tend to keep it in little piles that make us feel we can manage it, no problem. When we're forced to add it all together, we freak out and then we're paralyzed by dread.

How much debt do you think Canadians are carrying in total?

- \$5.5 billion
- \$10.9 billion

- \$1.2 trillion
- \$1.8 trillion

Canadian household debt hit \$1.8 trillion — yes that's "trillion" with a T. To put it in perspective, we Canadians are carrying more debt than Europeans or Americans at the peak of their credit bubble.

When we hear how dire things are going to be, often we think to ourselves, "Well, I can't do anything about that.' Or we think, "I'm screwed." Or we think, "I don't know what to do." And what we often feel is a rising sense of panic. We don't know what to do. We don't know if we will be OK or not. And our not knowing makes us feel out of control. So we feel scared. And we feel sad. And we feel powerless to do anything to change our picture.

Staying with a pessimistic I'mnot-in-charge approach means you will never take control of your money. If this is the way you've been thinking, it's time to change how you think.

The first thing to wrap your head around is how big your debt really is.

Grab a pen right now and scribble down a list of who you owe and how much. You've seen me work with people on TV. As part of the stuff they have to send me, they must make a list of their debt, what they used it for, and the interest rate they're paying. Then I can analyze their

I bet if you lent someone at work \$60 and it was due back Tuesday, you'd be banking on getting that money back. Yet when it is we who owe the money, we seem all too willing to play loosey-goosey with the info. So people routinely fill out those forms with numbers they just pluck from the air. How's your list coming? Almost done?

People usually have no trouble coming up with the usual suspects for their list of debts: mortgage, credit cards, line of credit, department store cards, student loans. Did you include your car loan or car lease? If you write that car off tomorrow, you're still on the hook for the money you owe. Yeah, insurance will cover some of it, but maybe not all. It's a debt.

How about that buy-now-paylater financing for that snappy new furniture? It may not be due yet, but it's still debt. And if you don't have it paid off in



Canadians are carrying \$1.8 trillion in debt. How much of that is yours? ISTOCK; PHOTO ILLUSTRATION BY METRO

full by the due date, the interest rate - usually somewhere way up high - clicks in retroactively to the day you took home that comfy new couch. That can raise your true cost up by as much as 50 per cent.

Did you use the RRSP Home Buyers' Plan for the down payment on your home? That has to be repaid. It's debt. Have you tapped your family or your friends for money? Don't for-

And here's my favourite. The debt most people leave off their list: overdraft. I'm not talking about the overdraft you have access to, I'm talking about the overdraft you're using. If your bank account is in negative territory, that is DEBT, so add it to your list.

Listen, I know it's easier to think of what you owe in smaller pieces. You owe \$800 on a credit card and \$1,600 on a line of credit, and you still owe \$12,000 on a student loan. Oh, and there's the \$700 on that department store card. Plus the \$650 on overdraft. But keeping it in your little piles is helping you avoid your reality. And it's easy to think that your home's increased value more than offsets your debt. But if house prices fall (which all assets can), the debt doesn't go away, so you'll be left wearing concrete-debt boots.

As long as you haven't yet faced how big your debt is, you'll continue to delude yourself into thinking you don't have to do anything about it. The only way to get to a better place financially is to tell the truth. Add it up. Face your reality. Know your truth. Then you can get busy taking steps to fix being broke!

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Royally cute baby photos

First glimpses of **Prince George** with his sister Charlotte

The first photos of Britain's Princess Charlotte together with Prince George, who is pictured giving his baby sister a kiss, were released by Kensington Palace on Saturday.

The four photographs, taken by their mother Kate, the Duchess of Cambridge, show 21-month-old George sitting on a sofa holding Charlotte.

The portraits were taken when Charlotte, born on May 2, was around two weeks old.

They were taken at Anmer Hall, Prince William and his wife Kate's country mansion. The mansion sits on Queen Elizabeth II's private Sandringham estate in Norfolk, eastern

Propped up by two white cushions, Charlotte appears to be wearing a white romper suit with a matching jumper.

Her brother is dressed in a white shirt with blue piping detail around the collar, cuffs



and front, and matching blue socks and shorts. HEIRS
Princess Charlotte
is fourth in line

One picture shows George planting a kiss on his sister's forehead, another shows him tenderly looking down at her, a third shows him looking up

and a fourth shows him smiling. "Prince George and Princess



Princess Charlotte and Prince George in photos released by Prince William and Kate Middleton on social media. GETTY IMAGES

Charlotte together at home #WelcomeToTheFamily, Kensington Palace, William and Kate's official residence in London, said as the first of the images was released.

We're delighted to share the first photo of Prince George with his little sister Princess

Charlotte.

"The photo of Prince George and Princess Charlotte was taken by The Duchess of Cambridge in mid-May.'

Pictures of George have been rare. Only a handful of sets have been released, while he has rarely been seen in public. AFP UNWELCOME COMMENTS

Snoop in the Dogg house

A CBC camera operator says she felt "belittled" after rapper Snoop Dogg referred to her as "thick during an interview last week.

The CBC says during an interview on the set of Trailer Park Boys, Snoop Dogg made apparent references to Clattenburg's

"I like your camera girl, too. She's thick. Damn," the rapper can be heard saying on the taped interview that the CBC later broadcast.

"It was creepy and awkward," said Clattenburg in comments posted on the CBC's website.

"He wanted to embarrass me and he did, I turned beet red, she said in an interview with CBC on Sunday. THE CANADIAN PRESS



Rapper Snoop Dogg GETTY

GOSSIP NOTES EDM battles and cookbooks

Diplo spins Zedd romance with Gomez as 'fake'





Diplo, left, claims he and Zedd are 'not enemies'. GETTY

IN HOLLYWOO

to the throne

after her brother

George



Apparently male EDM superstar DJs are perfectly capable of being gossipy little sass-buckets. Oh, sorry, we're supposed to be calling them "producers." Anyway, Diplo whom you may remember from allegedly dating Katy Perry just long enough to make John Mayer jealous

has some thoughts apparently about the love life of twink-y elf prince Zedd.

'I'm actually not enemies with Zedd by any means. I just think that he came from such a cool place, and now he's been pegged as a money-maker for a major label to do EDM, which to me isn't even a genre," Diplo tells Radio.com. "They've marketed him, even the fake relationship with Selena Gomez, all the things to sell records took away from the music."

Aniston is cooking up dieting plan

Jennifer Aniston apparently has a cookbook up her sleeve. 'I'm working on it," she tells Yahoo! Beauty.

"I would like to do a lifestyle thing for péople who struggle with



dieting. I could just make anything for a diet taste delicious. I can mix certain things together that are all very healthy, but you don't feel like you're depriving yourself in any way." That's all fine and good, Ms. Aniston, but nobody likes a braggart.

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🛑 IN BRIEF

Cavs pull even with **Warriors in NBA Finals**

LeBron James had 39 points, 16 rebounds and 11 assists, and the Cleveland Cavaliers tied the NBA Finals at one game apiece with a 95-93 overtime victory over the Golden State

It's Cleveland's first NBA Finals victory after the Cavs were swept in their previous appearance in

Klay Thompson scored 34 points but Curry was just 5 of 23 from the field for the Warriors.

Game 2 is Tuesday in Cleveland.

THE ASSOCIATED PRESS

Lightning have yet to name goalie for Game 3

Jon Cooper said he doesn't know who will start in goal for the Tampa Bay Lightning in Game 3 of the Stanley Cup final Monday night.

Ben Bishop left Game 2 with an undisclosed ailment and was replaced by rookie Andrei Vasilevskiy.

Bishop traveled with the Lightning to Chicago on

Cooper said there may be a better indication at Monday's morning skate at United Center, though each one being optional could extend the mystery to pre-game warm-ups.

Wawrinka captures French Open title

Stan Wawrinka won the French Open by beating No. 1-seeded Novak Djokovic 4-6, 6-4, 6-3, 6-4 in the final Sunday, thwarting Djokovic's bid to complete a career Grand Slam.

The eighth-seeded Wawrinka, so long in the shadow of his Swiss Davis Cup teammate and pal, Roger Federer, collected his second major title after last year's Australian Open.

In doing so, Wawrinka put a stop to Djokovic's 28-match winning streak and left the 28-year-old Serb ruing another close call at Roland Garros. This was the third time in the last four years that Djokovic lost in the final at the clay-court tournament, the only major title he has never won.

THE ASSOCIATED PRESS

Sinclair starts host squad off on right foot

WOMEN'S WORLD CUP

Captain lifts Canada past China, 1-0 in opener



Cam **Tucker** Metro | Vancouver

As she has done so many times in the past, Christine Šinclair played the hero for the Canadian women's soccer team, this time in the opener of the 2015 FIFA Women's World Cup.

Before an announced crowd of more than 53,000 fans clad in red and white at Commonwealth Stadium, the Canadian captain stepped up to the penalty spot and scored on a perfect shot, off the inside of the post and in, to lift Canada to an anxious 1-0 win over China on Saturday.

That means three points to the Canadian side, which couldn't find a way to break through China's defence until a penalty kick was awarded for a foul in the box, leading to Sinclair's defining moment in second-half stoppage time.

Under head coach John Herdman, the women's soccer program in Canada has taken a turn in a positive direction, a bronze medal in the 2012 Olympics proving that.



Christine Sinclair scores on a penalty kick in a 1-0 win over China in Edmonton on Saturday. KEVIN C. COX/GETTY IMAGES

In turn, the expectations on Canada's entry in this tournament, especially on home soil, appear greater than in years past. A mix of younger talent with a veteran core group is highlighted by the fact the Canadians still possess one of the best players in the women's game in Sinclair.

For 90 minutes, the underdog China team frustrated Can53,058

The announced attendance for the match

ada. It was ugly. That suited the Chinese side just fine. But they could only hold on for so long. The Canadians had ball possession for 62 per cent of the game. They had 14 attempts, and went into full-on attack mode late in the second half, needing a goal. Their tactics forced China into a careless foul on 22-yearold Adriana Leon in the box, setting up Sinclair.

At 31 years old, and with 154 international goals in 224 caps, there is going to come a time when Sinclair is no longer 154 GOALS

Canadian captain Christine Sinclair added to her legacy with her stoppagetime winner against China on Saturday at the Women's World Cup.

Her successful 92ndminute penalty kick, which gave Canada a 1-0 victory, was the 154th goal of her 224-game international

It was also her eighth goal at the World Cup, elevating the 31-year-old from Burnaby, B.C., to 11th position in tournament all-time scorina.

Sinclair joins Birgit Prinz, Sun Wen, Bettina Wiegmann, Mia Hamm, Kristine Lilly and Julie Foudy in scoring at four different World Cups. THE CANADIAN PRESS

around to be the hero for the Canadian squad.

The Canadians, playing in Group A, face New Zealand on Thursday in Edmonton. They'll need to be better than they were against China, especially as this tournament goes along.

But eventually on Saturday, with the nation watching, Sinclair literally got Canada's hopes of a Women's World Cup title on home soil off on the right foot.



Germany's Anja Mittag controls the ball between Ivory Coast's Sophie Aguie, left, and Fatou Coulibaly on Sunday at Lansdowne Stadium. NICHOLAS KAMM/AFP/GETTY IMAGES

Germany rocks Ivory Coast

Celia Sasic and Anja Mittag had a hat trick each as Germany rolled to a 10-0 win over the Ivory Coast in Group B play at the Women's World Cup.

Simone Laudehr, Sara Daebritz, Melanie Behringer and Alexandra Popp also scored for Germany in the second-most lopsided win in event history.

The two time World Cup champions own the record for most lopsided World Cup game, an 11-0 rout of Argentina in 2011.

Sasic's three goals were the fastest hat trick in Women's World Cup history. Germany



Four matches will be played on Monday, including the second-ranked U.S. taking on Australia in Winnipeg.

is the first country to reach the century goals mark at the tournament, with 101. The United States has 98.

Ivory Coast was playing just its second international match of the calendar year and making its first appearance in the Women's World Cup.

Earlier, Isabell Ĥerlovsen scored twice as Norway toppled Thailand 4-0 in Group B play.

Trine Ronning opened the scoring for the 11th-ranked Norwegians in the 15th minute when she bent a free kick around a wall of Thai defend-

Herlovsen added two more five minutes apart as the 1995 champions took a 3-0 lead into halftime.

Ada Hegerberg put one more past Thailand's goalkeeper, Waraporn Boonsing, in the 68th minute. THE CANADIAN PRESS

22. CTV's "W5" host

Mr. Robertson

25. Eagle's dive

26. Seashell used

RECIPE Mango Strawberry Smoothie



Rose Reisman rosereisman.com

This is a great snack or dessert beverage. You can always up the protein and have this as a breakfast smoothie by using plain or vanilla Greek yogurt rather than the frozen yogurt. Tastes as good as it looks! Serves four.

Ready in

Prep time: 10 minutes

Ingredients

- · 4 cups sliced strawberries or raspberries
- 1 ½ cups low-fat vanilla frozen yogurt
- · 2/3 cup low-fat milk or almond milk
- · 2 cups diced mango

Directions

1. In a blender or food processor, purée strawberries, half the frozen yogurt and half the milk until smooth. Divide into 4 glasses. Rinse out blender.

2. Add remaining frozen yogurt, milk and mango and purée until smooth. Pour over top berry mixture. Serve immediately.

Nutrition per serving

- Calories 118
- · Carbohydrates 22 g
- Protein 3 g
- Fibre 1 g
- Fat 2 g
- · Saturated Fat 1 g
- · Cholesterol 9 mg
- · Sodium 70 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

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ACROSS

1. Piercing 6. BCs opposites 9. Spear 14. Afterwards 15. Trv _(Real-16. Had ly had fun) 17. Separate 18 Two's half 19. "Diff'rent Strokes" actress Ms. Plato's 20. FIFA ada 2015 (Month-long international soccer tournament currently underway) 23. Suppose 24. Bucharest money 25. Bits 28. Beet soup 32. The _ (Lumberjack's working locale) 33. Celebrity chef Bobby's 35. "And I Love " (Lennon-Mc Cartney) 36. Wave: French 37. Plank 38. Sprint 39. Seeing if the door is locked over and over, e.g. 40. Grain fungus 41. Lovely item on which to place a tea saucer 42. "The Mary Tyler Moore Show 44. Gaii _ (Area off mainland BC which in the Haida language means 'Islands of Beauty')

45. Barely get by

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46. Clayoquot _ (Body of water on Vancouver Island's western coast) 48. Listing of a company's work ers: 2 wds. 54. "___ you think you are?" (How dare you!) 55. Boucher ville buddy

56. Singer, Tennessee _ Ford 57. Giver's recipient 58. Excessively 59. Surnamesakes of lyricist Tim 60. Swashbuck ler's weapon 61. Ms. Jillian

62. Wheat type DOWN

1. Cabbage cre ation 2 Gloriole 3. Bit of matter 4. Styx song that

goes "...I'm in fear for my life from the long arm of the law? 5. Divorce attorneys analyze them

6. Pledges 7. Jurassic creatures. commonly 8. Prophet 9 Roofer's needs 10. Old time calculator 11. Mork's greeting, partially 12. Thundering sound

as a horn 27. Mr. McDowall of movies 28. Homer's cartoon son 29 Necklace 30. Manitoba: Grindstone Provincial Park 31. Deuce-aces 33. _ up (What the bathroom mirror does) 34. Philosopher, _-tzu 37. Abbreviated 38. Tom Green comedy of 2000: 2 wds. 40. Kootenay Rockies town in BC 41. La La La Human Steps performers 43. Saskatchewan town 44 Tint 46. Mr. Cowell 47. The Hunter constellation 48. Canadian telecommunications company 49. "The Bridges at _-Ri" (1954) 50. Researcher's compilation 51. Erstwhile 52. Louis , Father of Manitoba 53. Mon., on Tue. 54. Kilograms, e.g. 52. Since, to Robert Burns 54. Sibling to sis' 55. Stitch

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 If your instincts tell you to be careful you must not ignore them. Today's Sun-Jupiter link may make you think you can do as you please but other aspects warn this may be the one time in ten that it goes wrong.

Taurus April 21 - May 21 You can see which way the wind is blowing but will you be flexible enough to bend with the breeze? If you refuse to budge even an inch you may find that breeze turns into a hurricane.

I Gemini May 22 - June 21 Be careful what you say because with Jupiter, planet of excess. moving through the communications area of your chart you could easily go too far. Never forget that words can hurt as well as heal.

Cancer June 22 - July 23 If you keep your feelings bottled up inside you now they are likely to explode, so maybe it is better to let it all out. That cool, tough guy act is not fooling anyone.

Leo July 24 - Aug. 23 Jupiter in your sign means you won't let anyone limit you in any way. You demand freedom of thought, expression and movement and if you are denied any those things you will kick up a huge fuss this week.

Virgo Aug. 24 - Sept. 23 Stop tormenting yourself with fantasies of what might have been and get on with making a better life for yourself and those you love. You have been far too passive of late — get out there into the world and make things happen.

Libra Sept. 24 - Oct. 23 You may think you are a law unto yourself and for the time being you can certainly get away with a lot; but if you cut too many corners or break too many rules you are sure to create enemies.

Scorpio Oct. 24 - Nov. 22 The next few days will bring no end of challenges and you will need to be at your best to deal with them effectively. With Jupiter strong in your chart you feel you can take on the world and win. Let's hope you are right.

Sagittarius Nov. 23 - Dec. 21 You have got to be positive and start thinking in terms of success rather than failure. Most importantly, you have got to believe in yourself. The universe has a way of rewarding those who do.

Capricorn Dec. 22 - Jan. 20 You need to remember that nothing stays the same forever. The next few days may be difficult but if you see the changes that are taking place as necessary, and potentially good, they will be easier to deal with.

Aquarius Jan. 21 - Feb. 19 What does not destroy you will surely make you stronger, so stop feeling sorry for yourself and start standing up for your principles and beliefs. Your rivals may be power ful but you have right on your side, and that matters more.

Pisces Feb. 20 - March 20 There may be times today when you wish you were some place else, but the fact is you are where you are and you have to complete what others expect of you

CONCEPTIS SUDOKU by Dave Green

13. Chicago trains

thor Ms. Hinton's

21. The Outsiders au-

Every row column and box contains 1-9



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